

Running Club

Who: 5th-8th graders who want to be fit and have fun. All abilities welcome. Mrs. Denise Hilton and Mr. Dan McNamee are the teacher advisers to this Club.

What: master distance running (between 2-5 miles) with a great group of friends and teachers.

When: February 21st-May 2nd on Thursdays from 3:20 pm— 4:30 pm.

Where: Meet in the gym foyer, pick-up at the Halsey portico. Runs will go to Colonial Lake, Joe Riley Stadium, or to the Battery.

What to wear and bring: athletic clothes, running shoes, and water bottle. Sport your Running Club t-shirt!

Other Information:

- As a club, we will participate in Race the Landing at Charlestowne Landing. Separate registration is required. Family and friends are welcome to join. The date of the race has not yet been announced. Look for an email from Mrs. Hilton announcing the registration date.
- Parent spotters welcome! Stay fit with your fam.
- **Dri-fit t-shirt cost \$20, due with registration.**
- Registration deadline Thursday, January 31st.

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MASON PREP RUNNING CLUB—Spring 2019

Registration deadline Thursday, January 31st, 2019.

Registration dues: \$20.

Student name: _____ Homeroom: _____

Parent's signature: _____ Date: _____

Circle shirt size: YS YM YL AS AM AL AXL AXXL

_____ I have included cash or check made out to Mason Prep.

_____ Yes! I would like to be a Parent Spotter.

Parent Name: _____

Parent cell phone: _____